



Reflections ~ Service to the Templestowe Valley Community



"Everybody can be great...because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love." — **Martin Luther King Jr**

We have now completed the election process for both the DET Member and the Parent Category member and it is with great pleasure that I now introduce Templestowe Valley's 2019 School Council to you:

| Parent Category Members | | DET Members | |
|---|--|--|--|
| Standing | Newly Elected | Standing | Newly Elected |
| <ul style="list-style-type: none"> Daniel ESSLINGER Chris JOHNSON David TAHAU Maya TESA Donna WIGHTMAN Eva WONG | <ul style="list-style-type: none"> David CURSIO Cassian JAMES Faith TOY | <ul style="list-style-type: none"> Alison REES Linda ROSSI Anne ELLENBY | <ul style="list-style-type: none"> Jenni BEVACQUA Robert CRETNEY |

Our first meeting of the new TVPS School Council is scheduled for Monday March 25 at 7:00pm and I look forward to working with such a wonderful group of committed and energised members of our school community.

Student Leadership Celebrations – 2019 Junior School Council

Templestowe Valley's Junior School Council (JSC) is a student group that aims to understand the issues impacting on the students around the school, to problem solve solutions and act on them to improve the school. At Templestowe Valley, the JSC is made up of an elected representative from each class in Years 3-6.

We know that students have a positive contribution to make within the decision-making processes of our school. When students are actively involved in these processes, they have an enhanced sense of commitment to the school and its programs.

Calendar

MARCH

- Fri 22nd L3 Camp Returns
- Mon 25th School Council Meeting
- Tue 26th TVPS Harmony Day
- Wed 27th Student Photo Day
- Thu 28th L4 Interschool Sports
- Sat 30th TVPS Open Saturday

APRIL

- Mon 1st Easter raffles due
- Tue 2nd Foundation Incursion
- Tue 2nd G4 Zoo Excursion
- Wed 3rd L4 Sovereign Hill Excursion
- Wed 3rd Reports Go Live – 4pm
- Fri 5th Easter Bonnet Parade - 9am
- Fri 5th **Last Day Term 1 – 2:30 Dismissal**

STUDENT BANKING

- Monday 25th March Neil Barker
- Monday 25th March Melinda Minuzzo
- Monday 25th March Joanne Gardner
- 1st April Emma Schwarz

WORKING BEE DATES

- Saturday, 11th May
- Saturday, 20th July
- Saturday, 19th October
- Saturday, 7th December

CHICKEN CARERS

- 23rd – 24th March Taylor Family
- 30th – 31st March Gomes

At Templestowe Valley, our Junior School Council aims to:

- provide students with a sense of pride and achievement
- develop caring and responsible attitudes within the children
- provide an avenue for the development of 'student voice' within the school, and
- raise student awareness of local and global issues and associated support options.

Our elected representatives commit for a year of service to our school community. They meet regularly with our JSC Coordinators – Carly Bertelli and Julie McLean are able led by our JSC Leader – **Holly M.**



Source: <http://allinadayworkblog.com/wp-content/uploads/2013/08/giving-back2.jpg>

Templestowe Valley's JSC is responsible for:

- discussing issues raised by students and teachers,
- reporting back to their own class, and for some, another junior school class,
- making recommendations to Leadership on aspects of school life, and
- supporting those who are less fortunate by providing services or by contributing to fundraising activities arranged within the school community or by outside agencies.

At last Monday's assembly, we congratulated the following students on their commitment and service to Templestowe Valley and presented them with their Junior School Council badge. We know that they will wear it with pride.

| Year 3 | Year 4 | Year 5 | Year 6 |
|--|--|--|--|
| <ul style="list-style-type: none"> • Keira W – 3P • Steven N – 3R • Lucy B – 3H | <ul style="list-style-type: none"> • William T – 4S • Lily A – 4PS • Roman T – 4V | <ul style="list-style-type: none"> • Ben B – 5B • Ben T – 5V • Angelos R – 5S | <ul style="list-style-type: none"> • Holly M (JSC Leader) • Rachel W – 6B • Celina U – 6C |



Back Row: L – R: Holly M (Head of JSC), William T, Rachel W, Roman T, Lily A, Celina U, Ben T, Ben B, Keira W

Front Row: L – R: Steven N, Lucy B, Angelos R

A Taste of TVPS ~ Open Saturday Morning ~ March 30th between 9:00 and 11:00am

On Saturday March 30th, Templestowe Valley PS will be open between 9:00 and 11:00am for School Tours for prospective students and their parents.

A large number of staff members, our students and student leaders will be attending to guide tours as well as to conduct various activities – Science & Digital Technologies exhibitions, Sustainability Garden treats, Art Room activities, coffee van & cake, Jumping Castle and Performing Arts displays.

I hear that last year's Open Morning was a huge success and am very much looking forward to joining in on the fun and celebrations. I hope that all TVPS families can spread the word to friends and neighbours so that we can build enrolments for 2020.



On Friday 15 March, 2019 our TVPS Student Leaders took control and led our community in standing up and saying, "Bullying. NO WAY!" 5726 Australian schools took action on the ninth National Day of Action Against Bullying and Violence (NDA) and we were just a small part of a nationwide movement celebrating this year's theme of Bullying. No Way! Take action every day.

The NDA gives schools the chance to take action and empower young people to be part of the solution when addressing bullying in their school community. It provides an opportunity to focus on bullying and the changes we can all make to help create safer communities for everyone. Knowing that we were joining a movement of 2.4 million students around Australia who are driving action in their school communities, it was rewarding to watch our School Leaders in action. Their passion and commitment to getting this important message across to their fellow students was wonderful.

Congratulations to all involved – our School Leaders, the classes and student groups from across the school who performed or presented and to Mrs. Ellenby who supported our leaders through the process. Some photos from the assembly:



Yr. 6 Leaders – Holly, Mikael, Reema, Archie, Francesca & Evan



School Captain – Katrina and Yr. 5 Tayah & Daisy



Yr. 2 – Alexa, Thomas & Ivy



School Captain – Mikael and Yr. 6 Pamela

Templestowe Valley's 50th Birthday



It's TVPS 50th Birthday this year. Woo Hoo!!

A little bit of history for you.

In talking to our Birchwood Patron, Mrs Trish Renfree last week, I was able to uncover the mystery surrounding the actual date of our school opening. Templestowe Valley Primary School first opened with a small number of students in Term 3, (September) 1969. Trish taught one of the first classes. The school then ran classes across all year levels in 1970 and at least one of our current parents attended the school at that time. However, it wasn't until the 16th of October, 1971 that the school was officially opened. This was done by Victoria's Attorney-General of the time, the Honourable G. O. Reid, Q.C., M.P. (Our students might like to research what all of those letters after his name mean.)

So, we have decided to celebrate our 50th Birthday from the time that our school was first opened in 1969.

This week a very energetic and excited group of people got together to form the Birthday Committee and start planning our celebrations. There were teachers and parents – past and present – all sitting around the table brainstorming ideas about ways for our community to come together and recognise that our school has been providing a quality education and service to a very large number of students over the last 50 years.

We are still in the process of working through specific events and fine tuning our ideas, but we will be holding the majority of our planned activities in the first 3 weeks of Term 4, with the culminating event being a . . . Carnival!! (Fete, Fair . . . we're still deciding on the name!) **Please write this date in your calendar – Saturday October 26th** – and keep it free because something spectacular is going to happen!

We will be looking for people to volunteer and help with the planned events – many hands will definitely be needed for this. We're wanting to celebrate with as many past and present students, teachers and parents as possible so we need to get the word out that Templestowe Valley PS is turning 50 and that we will be celebrating this at the start of Term 4. More details will come out over the next two terms, but the first 3 weeks of Term 4 is when most things will be happening.

If you would like to be a part of the TVPS 50th Birthday Committee it's not too late! Can you please fill in your name, email, etc. on the form accessed via the link below? (It's a Google doc. You might need to put the address in your browser if the link doesn't work.) We'll add you to the Committee and send you out the minutes and brainstorm from this week.

https://docs.google.com/spreadsheets/d/1oXEo3Qe71THJftWyh_CdvSvyuxN6z-CeegbaYbRxeBU/edit?usp=sharing

Hoping for lots of community excitement and support for this special event.

Parent Support

In the wake of the Christchurch tragedy, I've been thinking about our children and how/what to talk to them about. I'm sure a number of you are wondering, "How do I discuss it with my child/ren?" "How do I answer their questions?", "How much information/knowledge do I give them in order to explain but not terrify?", and, "How do I support them to stay positive and see the beauty in our world when the media is bombarding them with horror?"

I've read through a number of articles and found the following to be the most supportive in providing strategies for children. The first article by psychologist Karen Young I found to be particularly helpful. I've included the introduction with the rest of the article being able to be accessed through the link.,

How to talk to your kids about: Trauma

<https://www.theparentingplace.com/how-to-talk-about/world-trauma/> by Karen Young

“. . . When the world is struck with a catastrophic event, the instinct to shield our children from the effects of it is completely understandable. We want them to grow up believing that the world is good and geared in their favour. We also want them to feel safe, and avoiding a discussion isn't necessarily the way to make this happen. Older kids will know when something big has happened, whether you're the one who tells them or not. Knowing something has happened, but not having anybody to explain things, is really scary. We all need context and assurance and it's the facts that provide this.

They need to understand the situation or news in terms of what it means to them and their own safety and well-being. All kids are different. They need different information to feel safe, they look for a different level of detail and they are impacted by different parts of the story. Nobody knows your kids better than you do, so it's important to manage the conversation based on who they are, what they already know, and what it means for them. . . ."

(To read the remainder of the article, please click on the link <https://www.theparentingplace.com/how-to-talk-about/world-trauma/>.)

Tips for parents, carers and educators for supporting children and young people

[Tips for parents, carers and educators for supporting children and young people](#)

Common reactions

It is common to think about safety and predictability of the world when tragedies such the Christchurch incident occur. Reactions are influenced by many things, knowing someone impacted, identifying with the victims and survivors, seeing and hearing terrifying images and discussions. The developmental age of the person influences what they understand and how they respond. Some may be unaware, others will be following all the discussions and media coverage, looking for understanding.

What to say and how to care

Parents, carers and teachers can help children and young people feel safe by:

- provide reassurance that the incident is over
- keep to routines, they are reassuring
- take time to listen and talk: listening to concerns and worries and discussing strategies for feeling safe, dealing with worry and being able to take action that helps feel part of repairing safety and calm
- provide a calm response to their concerns,
- keep your explanations developmentally appropriate:
 - start at their starting point: ask what the child/young person understands about what has happened and what their key worry is, each will have a different understanding and will find different parts of what has happened frightening or worrying
 - very young children need simple, factual information balance with assurances of safety
 - older children will be appraising their own, and love ones, safety. They may need assistance with separating reality from fantasy, dispel rumours

- reduce exposure to media coverage and conversations that are distressing and not age appropriate
- monitor children’s emotional state
 - changes in behaviour, appetite and sleep can be an indicator of children’s level of anxiety or worry
 - young children often express worry through bodily aches and pains

Please find below some additional resources that can help to support children and young people:

[How to cope with traumatic news – an illustrated guide](#)

[Helping children and young people cope with crisis](#) (Red Cross)

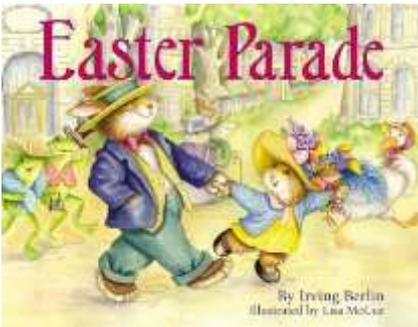
[How to Deal With Upsetting News](#) (Michael Grose)

Important Dates for the Calendar

End of Term 1 – Friday April 5th

School finishes at 2:30pm

Please make arrangements for this early finish.



The last assembly for Term 1 will be held outside under the covered shelter on Friday April 5th at **9:00am**. We have a special “Easter Bonnet Parade” planned for that assembly, so all members of our community are invited to participate. At that special assembly, the Easter Raffle will be drawn.

Term 2 officially starts for all Templestowe Valley students on
Tuesday April 22 at 8:50am

**DO NOT SEND YOUR STUDENTS TO SCHOOL
ON THE FOLLOWING DAYS – SCHOOL WILL BE CLOSED**

- Monday April 22 – Easter Monday – Public Holiday
- Thursday April 25 – ANZAC Day – Public Holiday.

Sustainability Captains and Recycling

If you have any unwanted clothing, toys or linen gathering dust in your cupboards, then it’s time to bag these up for collection to recycle and raise funds for our school!

Recycle-With-Mondo is a fun, simple and educational fundraising program presented by SCR-group. This program supports Australian pre-schools, schools and clubs to raise thousands of dollars each year while diverting reusable items from landfill and providing global communities with affordable clothing and employment. Since 2015, the program has reached over 40,000 students, saved almost 120,000 kilograms from landfill and raised over \$25,000 for participating schools. Promoting sustainable behaviour for our future generations and raises much needed awareness on our throw-away fast-fashion lifestyle. Through the program we are provided with collection and sustainability reports that

demonstrates the positive impact we have on the environment when we reuse and recycle. It also equips our students with important skills to make better decisions with their unwanted clothing and household items.

We are looking forward to a special interactive assembly presentation **this Monday** from Mondo Recycling along with our introducing our 2019 Sustainability Captains!

| GRADE | STUDENT | STUDENT |
|-------|------------|-------------|
| FG | Amelia E | Elliot A |
| FP | Henry L | Samantha B |
| FS | Kevee S | Lucia H |
| 1J | Pasquale S | Amelia M |
| 1M | Toby B | Eva K |
| 2BD | Patrick B | Milla R |
| 2G | William K | Abbie F |
| 2M | Oliver P | Olivia W |
| 2N | Alexa B | Vivienne P |
| 3H | Aidan L | Nevie C |
| 3R | Mateo H | Aliyah E-A |
| 3P | James A | Alicia W |
| 4PS | Samuel H | Ava R |
| 4S | Raph D-J | Jana B |
| 4V | Julian P | Erin C |
| 5B | Jude C | Mavis M |
| 5S | Theo M | Jake B |
| 5V | Pradyun S | Phoebe H |
| 6B | Lucas T | Annabelle G |
| 6C | Thomas D | Madeleine M |

JSC Harmony Day – Tuesday 26th March 2019

Harmony Day celebrates Australia’s cultural diversity. It’s about inclusiveness, respect and a sense of belonging for everyone, regardless of cultural or linguistic background, united by a set of core Australian values.

Harmony Day is a day to celebrate Australian multiculturalism. Did you know that at TVPS our families come from over 15 different countries? Orange is the colour chosen to represent Harmony Day. Traditionally, orange signifies social communication and meaningful conversations. It also relates to the freedom of ideas and encourages



and encourage all students to come to school to celebrate this day, TVPS is holding a Harmony Day casual clothes day. We encourage all students to come to school trying to include something orange, or in an outfit that represents their family’s cultural background. The JSC will be collecting gold coin donations for our World Vision Sponsor child, Lo Van Son, who lives in Vietnam. Students will participate in activities in their MAGic (Multi Age Groups in classrooms) Groups in the last session of the day.

Thank you for your support.

TVPS Junior School Council Representatives

Cross Country

Well done to all students who participated in last week’s House Cross Country at Finns Reserve. Students either walked, jogged or ran in their age groups. Students who finished top 10 in their race have advanced to District across Country - to be held at Ruffey Lake on Thursday 23rd May. Thank you to our school leaders who did a fantastic job setting up the course and being great role models on the day and the Year 3-6 Staff and parents who supported the event.

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HAWAIIAN THEME

WEDNESDAY 27 MARCH
FREE ENTRY 8AM-8PM
ENTERTAINMENT
9AM-12PM & 4PM-7PM

Giant pool inflatable, prizes, Group Fitness Mega Class, BBQ, Cafe, taste testing and more...

ONE DAY ONLY MEMBERSHIP SALE



 **TEMPLESTOWE VALLEY PS OSHC**

OPERATING HOURS: 7:00am—9:00am and 3:30pm—6:00pm;
Telephone number during operating hours: 0418 505 526 ;
All other times please contact school office 8850 5777