

FROM THE PRINCIPAL'S DESK – ALISON REES

A TASTE OF TVPS ~ OPEN SATURDAY MORNING

Well it started out as a cold, wet and miserable morning and my heart sank. We had teachers, staff, volunteers and students all set up to promote our school. They were there to lead tours, cook sausages, sell cakes, drinks, icy poles and raffle tickets – but we had no visitors or customers in sight.

However, as the clock ticked over to 9:30am and the weather cleared, all that changed. We had students arriving with their parents; excited to be showing their family around their school. Something that our current students hadn't been able to do since 2019. We had prospective families coming in to see our classrooms and talk to our teachers; all walking away very impressed and grateful for the time, information and enthusiasm that our teachers and school leaders shared with them. And we did some fundraising at the same time!! What a great morning for TVPS!

I was so proud and happy to share and “show-off our school. Nothing sells better than genuine enthusiasm and the real deal. I encouraged the 8 families that I toured with to come back and visit us on an ‘ordinary day’ as well, so that they can get an even greater sense of the feeling (vibe) of the positive and caring connections between our students with each other and their teachers and TVPS staff. THANK YOU to all, as everyone played whatever part they could in making the morning a wonderful promotion of our school.

I was hugely impressed by all of our TVPS students who helped on the morning. They were fabulous ambassadors for our school. They spoke knowledgeably and confidently, and answered every question asked. They demonstrated, modelled and explained. They were helpful and respectful, and they had some fun with their friends at the same time. I wish that everyone had had a chance to visit and talk with these impressive young people. Their enthusiasm, commitment & service to the TVPS community was clearly demonstrated and all of them were fantastic representatives for our school. Thank you to each and every one of them.

A very BIG THANK YOU to all of our TVPS teachers, ESO and staff who worked so hard to make our school “sparkle” and also for giving so willingly of their own family time on a Saturday morning. We are very fortunate to have these wonderful people supporting our students.

And lastly, to all of the parents who helped to make the morning something special – Thank You. We had parents who walked, cooked, wrapped, priced, sorted, sell, dig, set up, packed up, . . . the list goes on. Every little bit of help given by you came together to make one fabulous morning. We couldn't have done it without you.

I don't want to thank and name people individually in case I miss someone, but let me just say how lucky we are to have Eva Wong as our School Council President. Eva's tireless energy, her passion, enthusiasm and commitment to our school cannot go unrecognised. A very sincere, “Thank You” to Eva for everything that she did behind the scenes to support this event.

Calendar

MARCH

Sat 27 th	A Taste of TVPS
Wed 31 st	Chinese Cultural Day

APRIL

Thu 1 st	Last Day of Term 1 2:30 Finish
Mon 19 th	First Day of Term 2

2021 Term Dates

28 January to 1 April 2021

19 April to 25 June 2021

12 July to 17 September 2021

4 October to 17 December 2021

Sincere thanks to Mr Roland Beerling – Manager of Bakers Delight – Macedon Plaza. He generously supplied us with all the bread for the Sausage Sizzle and delicious hot cross buns for our Cake Stall.



IMPORTANT UPCOMING EVENTS ~ DATES FOR THE DIARY

- **Wednesday March 31st ~ Chinese Cultural Day**
 - **Special assembly & dress up event**
- **Thursday April 1st ~ Last Day of Term 1**
 - **Easter Bonnet Parade & Easter Raffle Draw**
 - **2:30pm Dismissal**
- **Monday April 19th ~ First Day of Term 2**
- **Family Movie Night – Friday April 28th (Write it in your calendar today)**



SCHOOL COUNCIL NEWS



“Everybody can be great...because anybody can serve. You don't have to have a college degree to serve. You
 In the last few editions I've talked about the role that our School Councils play in supporting our students. The school council supports the principal to provide the best possible educational outcomes for students.

A school council's functions include:

- establishing the broad direction and vision of the school
- developing, reviewing and updating the policies of the school
- arranging for the supply of goods, services, facilities, materials and equipment that are required for the conduct of the school
- raising funds for school related purposes
- regulating and facilitating the after-hours use of school premises and grounds
- exercising a general oversight of the buildings and grounds and ensuring that they are kept in good order and condition
- providing for cleaning and sanitary services necessary for the school
- providing meals and refreshments for staff and students and charging for this
- ensuring all money coming into the hands of the council is properly expended for purposes related to the school
- informing itself of, and taking into account, any views of the school community for the purpose of making decisions in regard to the school and its students
- ensuring that an annual report relating to financial activities and the school's strategic plan is published and made available to the school community
- stimulating interest in the school in the wider community.

Source: <http://www.education.vic.gov.au/Documents/school/principals/management/partnershipwork.pdf>

Over the last few weeks we have been working through a process to elect our new 2021 – 2022 School Council members and also the Office Bearers, so it is with great pleasure that I introduce to you your 2021 – 2022 Templestowe Valley School Council members.

Parent Category Members		DET Members	
Standing	Newly Elected	Standing	Newly Elected
<ul style="list-style-type: none"> • Eva Wong (President) • Daniel Esslinger • Veridiana Veridiana • John Chu 	<ul style="list-style-type: none"> • Vanessa Allegretto • Warda Yasir • Hesam Zamani <hr/> <p style="text-align: center; font-weight: bold; margin: 0;"><i>Co-opted for 12 Months</i></p> <ul style="list-style-type: none"> • Faith Toy • Melinda Newnham 	<ul style="list-style-type: none"> • Alison Rees • Anne Hillman • Nicole Bisas 	<ul style="list-style-type: none"> • Elizabeth Henderson • Robert Cretney

One of our aims as a school council is to raise our profile within the community so members are easily identified and available for chat or questions. Please go up to any of your school council members; introduce yourself and have a conversation about our school.

Our first meeting of the new TVPS School Council is scheduled for tomorrow, Monday March 29 at 7:00pm and I look forward to working with such a wonderful group of committed and energised members of our school community.

FROM OUR SCHOOL COUNCIL PRESIDENT – EVA WONG

Dear TVPS Family,

I am so grateful that 2021 has started with fun events for our children! Cross country, excursions and the St. Patricks Day Sausage Sizzle to name a few. I am looking forward to this Saturday so we can show off our school. Best of all having our incredible students telling the wider community about TVPS!

It's great to be able to have an Easter Raffle as well. Thank you to all the families who have donated something. Most importantly "Thank You" for volunteering your time to help with events for our children. I must remember to order my hot cross buns from Bakers Delight as well.

There are more events to come! We do however need a new Parents & Friends committee; consisting of a president, treasurer and enthusiastic team members to brainstorm ideas and make them happen for our children. I have loved our fundraising events in the past; it's a great way to connect and belong.

Our children are amazing and I'm glad I can do my little bit to give back to them.

Kindest Regards,
Eva Wong :)

YEAR 5 LEARNING CELEBRATIONS – LIFE ON THE GOLDFIELDS

A group of strangers wandered into my office on Thursday. They were bemused and amazed by what they were seeing in our school. The reason for this? They'd moved forward 150 years; from the time when they were struggling to make a living on our Victorian Goldfield to our present, 2021!!

I loved that these visitors conversed with me "in character". They were able to tell me about their life on the goldfields; the struggles that they faced and what they were hoping to find.

Who were they? Four of our Year 5 students who were presenting their learning about the Victorian Goldrush. Each student had been researching the period and was giving a presentation to their peers. I love that they went to the extra effort of dressing in character to engage their audience.

Congratulations to: (Left to Right)

Mateo H, Ella C, Pippa W and Angelique P.



CARLA P DID IT AGAIN!



Wow! What a superstar!

Carla P competed in the State Championships over the long weekend. She competed in three events.



On Saturday, she ran on a slippery track in torrential rain her 200m and came 12th overall. On Sunday, she had long jump and came in 8th overall and scored herself a PB of 3.33m. Later in the afternoon she had her favourite event the 400m which she ran in 76.9sec and beat her previous PB by 1.5 sec and came in 5th overall.

An absolutely fantastic effort Carla. Congratulations on your achievements. We are all so proud of you.

STUDENTS OF THE WEEK ~ WEEK 7 and WEEK 8

0EP	Bianca B	Fantastic helper and looking out for classmates
0CP	William T	Making wonderful progress in his colouring and cutting
0NH	Sammy A	A kind student and for filling classmates' buckets
1BD	Aliyah B	Well prepared and informative oral presentation
1BD	William M	Working independently during writing session
1JM	Advaitha S	Excellent oral presentation about her Grandma
1JM	Gabi P	Creative story idea about Gerald the Giraffe
1ES	Hayden L	An engaging oral presentation on your Ong Noi
1ES	Timothy B	Constantly working hard to complete all set tasks
2NC	Jamie B	Working extremely hard on her place value maths tasks
2SM	Roman R	Working hard at home to improve his writing
3LR	Prithwin S	An excellent mathematician
3GO	Daphne M	Very creative writing
4CC	Aiden P	Working hard in all areas and being a helpful class member
4EH	Olivia B	Producing beautifully neat handwriting whilst completing her narrative
4GC	Jackson B	A very responsible approach to his learning in G4
5JV	Aidan L	Always showing kindness and respect to his peers
5JV	Alicia W	Demonstrating excellent sportsmanship at interschool sport
5ME	Willow B	Demonstrating acceptance by being a supportive friend
5AH	Krissy A	Demonstrating great sportsmanship at interschool sport
5AH	Aidan G	Always showing respect and kindness to others
6NB	Alex K	Excellent efforts to use figurative language in his writing
6KS	Izzy G	Excellent participation in PE this week



Congratulations to all our JSC leaders – Zoe K & Mats P. Our Term 1 Harmony Day fundraiser raised \$413 from student donations for our World Vision Sponsor Child.



VALLEY TV

*Coming to the end of Term 1?
Looking forward to a well-earned
break?*

*Pick yourself up with the first
episode of Valley TV for 2021.
Now streaming on Seesaw!*



Well done Miss McCormack and the Valley TV Crew.

*To EVERYONE – parents, students & staff –
who helped out at our Working Bee on
Saturday March 20.*

*You were phenomenal. The Junior Sand Pit
is full. The Sustainability Garden is cleared,
weeded and looks amazing and all of the
hard rubbish has been removed.*

What a FANTASTIC TEAM EFFORT!

THANK YOU!



PARENTS & FRIENDS ASSOCIATION (P&F) NEWS

Upcoming Events ~ Term 2 and Beyond (These are only the things that we've thought of so far!!)

Term 2

- **Family Movie Night – Friday April 28th**
(Write it in your calendar today)
- **Mother's Day Stall**
- **Tree Planting**
- **Parent Social Event**

Term 3

- **Student Disco**
- **Father's Day Stall**
- **Helping with School Production**

Term 4

- **Family BBQ**
- **Christmas Hamper**

Would you like to know more about what the TVPS Parents & Friends Association does?

- Are you looking for ways that you can support your child's school?
- Are you a parent new to the TVPS community ~ someone who would like to meet and get to know other parents and families?
- Do you like to volunteer and help out, rather than wait for someone else to ask you?
- Have you got great ideas about how this group could help fundraise for TVPS – and your child's benefit?

If you answered, "Yes!" to any of these questions, well you are just the sort of person that our TVPS P&F needs. Please click on the link below to express your interest and join in the fun!

<https://forms.gle/g47kduV6S51UKgnv8>

HOT CROSS BUN FUNDRAISER

Once again Templestowe Valley Primary School is being supported by **Bakers Delight Macedon Plaza** in doing an **Easter Hot Cross Bun** drive. The school will receive \$2 for every 6 pack of Hot Cross Buns purchased!

Help us to raise some funds for TVPS by purchasing some **Bakers Delight Macedon Plaza's delicious Hot Cross Buns**.

Please find the link below to order:

<https://temp-val-primary-school.danilo.com.au/fundraising-easter>

We appreciate your support!

Parents & Friends

Bakers Delight
We're for real.



EASTER RAFFLE



The TVPS Parents and Friends Association (P&F) is once again organising an Easter Raffle to raise much needed funds for our school.

This will be drawn at the Term 1 Final Assembly on Thursday, April 1st.

In order to make it a fantastic school fundraising event, we ask each family to generously donate **one (1)** item to the raffle prizes. It can be Easter themed or an item of your choice. You may like to contribute Easter eggs, a soft bunny/toy, story book or even some kind of craft pack, or something else appropriate for a school raffle.

All items need to be NEW and we ask that you spend **no more** than **\$5** on your purchase.

Please place all donations in the baskets/boxes outside of Mr Cretney's Office by **Monday, 29 March 2021**. This will enable P&F to have enough time to put the hampers together.

We are also asking each family to buy or sell the attached raffle tickets at \$2.00 a ticket, or 6 for \$10.00.

1st Prize – One night accommodation for 2 donated by Quest Doncaster plus an Easter treat

2nd & 3rd Prizes – Women's Jewellery plus an Easter treat

4th Prize – \$100 Westfield Voucher plus an Easter treat

5th, 6th, 7th, 8th, . . . prizes – Easter hamper (No. & size of hampers dependant on donations)

Thank you for your support.

Parents & Friends

Sponsorship – Open Days and/or TVPS Production of Aladdin Jnr

- Do you own your own business? Would you like to sponsor an event?
- Do you work for someone who might be interested in sponsoring one or both of the events above?
- Do you know of an organisation who has sponsored other schools' events? Would you be able to broach sponsorship of us with them?

We would love to talk to any organisation or business about sponsorship and what they might gain from being associated with Templestowe Valley PS.

Please email me – Alison Rees on Alison.Rees@education.vic.gov.au to open the conversation.

PARENT SUPPORT ~ HOLIDAY READING

I'm often asked, "How do I help my child to be stronger in themselves?", "How do I help them be more confident, more resilient?". Below are readings from three different resilience "experts" – Michael Grose, Bonnie Bernard and Edith Grotberg – that might be of help and of interest.

Building Resilience

Parenting and work-family expert Michael Grose says: *"Resilience is a 21st Century parenting concept that every parent needs to understand."*

Some kids are resilient by nature – their temperament helps them to be mentally and psychologically tough. You know those kids. They get straight back up after a setback or disappointment. Rejection in the playground doesn't faze them. Unfortunately, not every child has such natural resilience.

The good news is that most of the research shows that resilience can be nurtured and developed, particularly when parents themselves are resilient and they actively foster it in their kids.

Resilient kids share four basic skill sets –

- *independence,*
- *problem-solving,*
- *optimism and*
- *social connection.*

From a resilience perspective parents need to coach kids through some of their more challenging moments and reviewing what they may have learned for next time. Avoid solving all their problems for them.

You can promote a lasting sense of resilience in your kids by:

- *Having a positive attitude yourself. Your attitude as a parent impacts on their ability to bounce back from some of the difficulties they face. Make sure you model a 'you can do it' attitude for your child when he meets some of life's curve balls.*
- *Look for teachable moments. Many kids' learning opportunities are disguised as problems. Make the most of these opportunities so that kids can grow and learn from some of the challenges they face.*
- *Make kids active participants in the family. Active participation in a family develops the self-help, problem-solving and independence skills of kids that are necessary for resilience.*
- *Build kids coping skills. There are plenty of strategies you can pass on to kids to help them cope when life doesn't go their way, including acceptance, getting away for awhile, and normalisation.*

Promoting resilience in kids is not a single event but a continuous process that requires adults to be supportive and empathetic when things don't go their way. It also requires you as a parent to have an understanding of resilience, so you have faith in yourself, and your child's ability to cope."

Reference: <http://www.parentingideas.com.au/Parents/resilience>

Bonnie Benard (1995) provides specifics that help us empower children to become resilient. She believes we are born with an innate capacity for resilience, by which we are able to develop social competence, problem-solving skills, a critical consciousness, autonomy, and a sense of purpose. She defines these as:

The Qualities of:

Social Competence	Problem Solving	Critical Consciousness	Autonomy	Sense of Purpose
<ul style="list-style-type: none">• The ability to elicit positive	<ul style="list-style-type: none">• Planning	<ul style="list-style-type: none">• A reflective awareness of	<ul style="list-style-type: none">• Sense of one's own identity	<ul style="list-style-type: none">• Belief in the future

<ul style="list-style-type: none"> • responses from others • Flexibility • Ability to move between two cultures • Empathy, communication, and a sense of humour 	<ul style="list-style-type: none"> • Resourcefulness in seeking help from others • Thinking critically, creatively, and reflectively 	<ul style="list-style-type: none"> • the structure of oppression and creating strategies for overcoming it 	<ul style="list-style-type: none"> • Ability to act independently • Ability to exert control over one's environment • Sense of task mastery • Internal locus of control • Self-efficacy • Resistance • Detachment 	<ul style="list-style-type: none"> • Goal direction • Educational aspirations • Achievement motivation • Persistence • Hopefulness • Optimism • Spiritual connectedness
---	--	---	--	--

Initial Source: Benard, B. (1995). *Fostering resilience in children.* (ERIC Document No. ED386327)

Edith Grotberg, a well-known international researcher, believes, “Resilience is a universal human capacity to face, overcome and even be strengthened by experiences of adversity.... The Genetic makeup and temperament of a child are also important aspects for understanding and defining resiliency.... Whether a child is more or less vulnerable to anxiety, challenges, stress and unfamiliarity, whether the child is inhibited or uninhibited, determines how a child perceives himself or herself, how he or she interacts with others and how he or she addresses adversity.” (1998, p. 1)

She believes that we promote resilience through our words, actions, and the environment we provide and that to face adversities, children draw from three sources of resilience, which she labels I have, I am, and I can:

I Have . . .	I Am . . .	I Can . . .
<ul style="list-style-type: none"> • People around me I trust and who love me, no matter what—trusting relationships • People who set limits for me so I know when to stop before there is danger or trouble—structure and rules at home • People who show me how to do things right by the way they do things—role models • People who want me to learn to do things on my own—encouragement for autonomy • People who help me when I am sick, in danger, or need to learn—access to health, education, welfare, and support services 	<ul style="list-style-type: none"> • A person people can like and love—lovable • Glad to do nice things for others and show my concern—loving, empathic, altruistic • Respectful of myself and others—proud of self • Willing to be responsible for what I do—autonomous and responsible • Sure things will be all right—possessing hope, faith, and trust 	<ul style="list-style-type: none"> • Talk to others about things that frighten me or bother me—communicate • Find ways to solve problems that I face—problem solve • Control myself when I feel like doing something not right or dangerous—manage feelings and impulses • Figure out when it is a good time to talk to someone or take action—gauge my temperament and that of others • Find someone to help when I need it—seek trusting relationships

One does not need all these attributes to be resilient, but one alone, such as to feel loved, is not as helpful if a child does not have inner strength or social skills. Self-esteem is not enough; one needs competency skills as well. Resiliency is a dynamic process of all these factors in relationship, as Rutter (1987) has asserted for decades.

Grotberg (1995) suggests some guiding questions for discussion with parents:

- If the parent or other adult protects the child from all adversities, can the child strengthen his/her sense of autonomy, control and responsibility?
- If the adult speaks for the child in a conflict with another child, can the child learn a social skill like negotiation?
- If the child does things independently without help or advice from adults, is he or she at greater risk of harm or failure?
- How do these dynamics change with age? How are they influenced by individual differences? (p. 41)”

Initial Sources:

Grotberg, E. (1995). A guide to promoting resilience in children: Strengthening the human spirit. Retrieved February 1, 2007, from www.resilnet.uiuc.edu/library/grotb95b.html .

Grotberg, E. (1998). The international resilience project. Retrieved February 1, 2007, from <http://resilnet.uiuc.edu/library/grotb98a.html> .

PARENT HELPERS

Thank you! We appreciate Parent Helpers so much. You really enrich student learning and your support on school excursions and events is fantastic. Before becoming a one of our TVPS parent helpers, it is a legal responsibility that you have a **Working with Children’s Check** and that you:

1. take it to our school Office so that a copy can be made and kept in our records, and
2. carry this card with you when you are working with children at Templestowe Valley PS

Working with Children Checks

As part of the Templestowe Valley PS commitment to child safety, at their June 3, 2019 meeting, the TVPS School Council endorsed the **Child Safety Policy** which included the recommendation that all volunteers and visitors to TVPS be required to hold a current WWCC.



So, from the start of Term 3, 2019, **ALL** volunteers, contractors, visitors, etc. coming into TVPS during school hours, or helping/supervising with out-of-school hours events, such as the Disco, etc. will be required to hold a current **Working with Children Check (WWCC)**.

This will include adults who are attending school to help in the classroom, at the canteen, during an excursion or in-school event, swimming or sport event, etc. – any event that might require them to be in contact with children or working within an area where children might be frequenting without supervision, e.g. the canteen/OSHC rooms.

The requirement does **not** apply to:

- parents/carers or their delegates involved in the pick-up or drop-off of students at school.
- adults who are registered teachers, police officers or part of an allied service. *(Not required to hold a WWCC in addition to the associated Police Check if part of their professional registration.)*

Obtaining a WWCC

- No cost when applied for in a volunteer capacity
- Online applications can be made at: <https://www.workingwithchildren.vic.gov.au/individuals/applicants/how-to-apply>
- Please nominate Templestowe Valley PS as the place where the volunteer work will occur and we will be sent through an official copy of your card.

TVPS WWCC Register

- A register of volunteers with a current WWCC will be maintained at TVPS
- Current WWCC registration - please check at the TVPS Office to see if a copy is on file and you are on the register
- New applicants:
 - If volunteers nominate TVPS on their application form, TVPS will automatically receive a copy of their WWCC card when issued
 - If not, then volunteers are asked to take their valid WWCC card to the school Office where a copy will be made and included in the register

Questions:

- Answers to General and FAQ can be found at <https://www.workingwithchildren.vic.gov.au/>
- Relating specifically to Templestowe Valley PS, please contact the school Office: either by phone on #8850 5777 or email: templestowe.valley.ps@edumail.vic.gov.au



STRONG AND BOLD IN THE BLUE AND GOLD

BULLANTS

2021
#beabullant



**BULLENTemplestowe
JUNIOR FOOTBALL CLUB**

JOIN US IN 2021!

nab AFL Auskick

Bulleen AUSKICK Centre
4 - 7yrs
Starting Sat 24th April

JUNIOR FOOTBALL CLUB
8 - 16yrs
Season starts Sun 18th April.
PRE-SEASON Underway



**Under 8's - Under 12's
Boys & Girls
#BEABULLANT
What are you waiting for?**

Register Online @
WWW.THEBULLANTS.COM



L&L ORTHODONTICS

We're the family
smile experts

Specialist orthodontist
for straight teeth.



📍 1 Milne St, Templestowe VIC 3106

☎ (03) 9846 3811



Eltham Rugby Union Football Club 2021 Season

50 seasons of rugby union in Eltham

Want a new sport in 2021?

Rugby union is a sport for all body shapes, gender and ability levels – a game for all the family

Boys and girls of all ages are welcome – for training times
see website and facebook

Address: 58 Bridge Street, Eltham VIC 3093
Email: membership@elthamrugby.com.au
Web: www.elthamrugby.com.au
Facebook: <http://facebook.com/elthamrugby>



All registered players are fully insured through Rugby Australia.
Rugby Victoria manage the local rugby union competitions.

Registration is via RugbyXplorer app – download to your mobile device





Yarraleen Preschool



Yarraleen
Preschool INC.



Saturday 27th March 2021
10am-12pm

92 Rocklea Road, Bulleen

- Meet our Educators
- Sausage Sizzle
- Fun Activities
- Explore the Preschool



Tel: (03) 9850 8486
Email: enrolments@yarraleenpreschool.vic.edu.au
Website: www.yarraleenpreschool.com.au

 **FIND US ON FACEBOOK**

COMMENCING TERM 2, 2021

Learn to play **TENNIS**



Held at school, tennis lessons for all ages and abilities before school and lunchtime. Children are grouped in small groups of (4) according to age and ability, children will learn to serve, rally and score from their first class. Our supportive and positive learning environment, ensures success, fun and life skills. After school and week-end lessons available at Doncaster Tennis Club.

FREE TRIAL

PACKAGE INCLUDES

- FREE racquet and start-up pack
- Max of (4) kids per group
- No expiry on replacement classes
- Pathways to squads, private lessons & competition
- Unique customer portal to track your child's attendance & book replacement classes

LOCATION & SESSION TIMES

- Templestowe Valley Primary School
- MONDAY - 1:40-2:25pm, and
- THURSDAY 8:00-8:45am

BOOK NOW 0403 129 648

www.slamin.com.au | info@slamin.com.au

@k1sportgroup

K1SPORT

280 Thompsons Road
Lower Templestowe 3107

Kids' Fit School Holiday Program

(For ages 7-14)

April 5 to 16
M-W-F 4-5pm
\$120 / 6 sessions



Contact
Kenneth
0424 335 054
k17fitnessau@gmail.com



SIGN UP NOW

Free
2 Spin classes
For the guardian